



# The Central Connection

*WE are SC—every student, teacher, class, and program contributes to the success of Salina High School Central.*

March 2024

Central High School | Salina, Kansas

## ***Hello Mustang Families***

Thank you to all who attended the Parent/Teacher conferences in February! It was great to see so many of you!

We have wrapped up our winter sports with many team and individual successes throughout the season. We look forward to our spring sports and have already started practices. If you are looking for a spring sports schedule, please check out the league website at [www.avctl.org](http://www.avctl.org). Weather delays/cancellations are possible in the spring so please follow us on twitter @SC\_Mustangs for all weather updates.

It's a great time to start scheduling your student's physical for the 2024-2025 school year after May 1. Central will be hosting a physical night May 8. See details on our website.

March 8 will be a teacher in service/workday and no school for our students. Spring Break will be March 11 - 15. We hope you enjoy the time off.

**CHS Administrative Team,**

**Matt Brungardt, Tiffany Lowe, Steve Rivers, & Greg Maring**

## **Scholars Bowl - Season Wrap Up!**

The Scholars Bowl team wrapped up their season on a high note. At AVCT League, they went undefeated and captured first place! At Regionals, we hosted 15 schools and took fourth place guaranteeing us a spot at 5A State--our second appearance in two years!

On February 10, the team of Citlali Alarcon, Quinn Duxler, Nehemiah Gomendoza, Kegan Madison, John Rose, and Kolbe Shafer traveled to Hutchinson to compete and brought home the 5A State Third Place title and trophy!

Overall, the team traveled to 18 tournaments this season and won 97 of their rounds of competition collectively.





## Visual Arts Dept. News

In February, the Scholastic Art Awards in Wichita honored 12 Salina Central art students with 18 awards. Central placed seventh overall in total awards for the state of Kansas and First in Class 5A!

The following students were honored with artwork demonstrating the highest levels of originality, technique and personal vision. Freshman, Kotone Kitagawa, received a Gold Key on her ink drawing. The piece will be judged nationally in New York City and will be eligible for the national exhibit that tours the nation for two years. Senior, Keelie Hill, received two Silver Keys and two Honorable Mentions for her artwork. Junior, William Bohrer, received a Silver Key and an Honorable Mention for two of his pieces. Senior, Emily Melendrez also earned a Silver Key for her dramatic piece.



Senior advanced art students will have their artwork on display in the hallway outside of the Art Department until May. Come check it out!

## French Club Celebrates Mardi Gras



French club and upper level French students had fun celebrating Mardi Gras on February 13. Mardi Gras is a French holiday celebrated in New Orleans, France and around the world with parades, masks, beads and food. Students ate king cake and decorated masks and crowns.



## Valentine Rose Handout!

On Valentine's Day, the girls Volleyball team handed out 150 roses to residents at three assisted living facilities here in Salina. The roses were provided by Dillon's and purchased through donations from individuals and businesses in the community. Over 300 roses were purchased and handed out that day.



## Theatre Dept. News

The Theatre program completed their musical Newsies the last week of January! Thanks to all who came out to support these talented students and watch the show!

We have two upcoming productions:

*Our Town* by Thornton Wilder and the Repertory Theatre Class double cast production of Shakespeare's *A Midsummer Night's Dream*.

## Tour Guide Volunteers

Several Central students went to the Smoky Hill Museum to be tour guides for the Third grade field trip. The volunteers were Kasheia Peterson; Eli Stanton; Eli Jennings; John Rose; Madison Berndt; Adia Peck and Olivia Owings.



## March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## Calendar of Events

- 3/7 - Spring Choir Concert 7 p.m.
- 3/8 - No school - Teacher Inservice/workday
- 3/11-3/16 - Spring Break
- 3/18 - Start of 4th Quarter
- 3/23 - 3/24 - Spring Play
- 3/25 NHS Induction Ceremony 7 p.m.

## ACT Test

Juniors who signed up for the free ACT will take the test on March 26. The test will take approximately 3.5 hours.

- Students should try to attend the meeting(s) on March 19 (A-L) and March 21 (M-Z) during ELO to complete the non-test portion of the answer document.
- Registration for the March ACT is not necessary. However, registration for any future sessions must go through the ACT website <https://my.act.org/>.
- Testing specifics will be distributed during ELO the week prior to the ACT. If you plan to use a calculator please refer to ACT's Calculator policy to review allowed devices.

Use the following link to view the ACT Calculator Policy and ACT Prep Materials:

<http://tinyurl.com/uxpc9wjm>

## Counseling News

March's counseling focus is on healthy coping skills. Coping skills are the tactics that people use to deal with stressful situations. Managing your stress well can help you feel better physically and psychologically and impact your ability to perform your best. But not all coping skills are created equal. Sometimes, it's tempting to engage in strategies that will give quick relief but might create bigger problems for you down the road.

It's important to establish healthy coping skills that will help you reduce your emotional distress or rid yourself of the stressful situations you face. For more information and strategies check out your Counseling Google Classroom.





## Student of the Week - February



John Rose, a Junior at Central High School, is a First Chair Cello in Orchestra, a member of the Scholar's Bowl team and involved in the Chess Club. He likes the challenge that his Advanced and AP classes offer and how much he learns in them. Outside of school, John is a member of the Salina Youth Symphony. After he graduates, John would like to go to college and study Paleontology.

2/12/2024-2/16/2024

Sophomore, Anna Kraft, is a member of Free Spirit and the Choraliars. She is on the Executive Board for Theatre Troupe 639 and is involved with Theatre Salina. Anna appreciates Mr. Holmquist and Ms. Hilt who inspire her and push her to work harder with all the opportunities given to her through the Arts Department! After high school, Anna wants to attend college and be involved in Theatre and Choir.



2/19/2024-2/23/2024



Caleb Aguilar is a Freshman here at Central High School. He likes his teachers this year and works hard to get good grades. He enjoys soccer and is on the soccer team. He would love to play professional soccer after high school or go to a trade school. He tries to be the best version of himself!

2/26/2024-3/1/2024



# Career Fair



**April 3, 2024**  
**1:30 - 3:00 p.m.**  
**Central High School**

✓ Local Employers

✓ Military Recruiters

✓ Entry Level Positions

*Open to Juniors  
and Seniors from  
all area schools*

**Questions?**  
Contact Marysa McCartney at [marysa.mccartney@usd305.com](mailto:marysa.mccartney@usd305.com)  
or Andrea Young at [andrea.young@usd305.com](mailto:andrea.young@usd305.com)



## Upcoming

- 3/4 - CHS Choral Festival at the Steifel 8 a.m. - 4 p.m.
- 3/7 - Spring Vocal Concert 7 p.m.
- 3/8 - No school - Teacher work day
- 3/11 - 3/15 - Spring Break -No School
- 3/16 - Boys Varsity/JV Baseball vs Multiple 1 p.m.
- 3/18 - Start of Fourth Quarter
- 3/19 - Girls Varsity/JV Softball vs Clay Center 4 p.m.
- 3/21 - Girls Varsity Swimming vs Multiple 1:30 p.m.
- 3/21 - Boys JV Baseball vs Junction City 4 p.m.
- 3/29 - Boys Varsity Tennis vs Multiple 9 a.m.

**To stay up to date on Sports Visit [www.avctl.org](http://www.avctl.org) for updates**

**Athletic Schedule Subject to change**

Phone		785.309.3500
Principal		Dr. Matthew Brungardt
Assistant Principals		Tiffany Lowe, Steve Rivers
Athletic Directors		Greg Maring
Office Manager		Laura Hince
Website		305centralhigh.com



**SALINA**  
Public Schools

*#305GrowsGreatness*

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